



Winchester

<http://www.winscouts.org.uk/>



## NEWS STORY

22 August 2016



Young Carers pointing the way ahead after a day of adventurous activities at Pinsent Camp Site

### **Scouts thank Young Carers with a day of adventure**

20 of Winchester's 75 Young Carers enjoyed a day of high adventure and a barbeque lunch at Winchester Scouts' Pinsent Camp Site on Saturday 20 August. This was provided by the Pinsent Activities Team and the District Active Support Unit.

Young Carers aged 8-16 find themselves caring for their parents or brothers and sisters, often in challenging circumstances.

Colin Brooks, the Pinsent Activities Manager said: "We wanted to thank all these young people for their courage and kindness and to give them a fun day doing exciting things."

The adventurous activities provided by the Scouts included archery, crate-stacking, mini-pioneering, axe work, fire-lighting and cooking dampers and 'pigs in blankets' over open fires.

Crate-stacking proved popular as the young carers got used to wearing a climbing hat and harness. They went higher and higher as they gained confidence and improved their agility. Crate-stacking is a first step towards climbing walls and graduating to open rock faces – all part of the Scout programme of non-formal education for 6-18 year olds that uses adventure to empower young people to achieve their full potential through 'learning by doing'.

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**Ends - see also Notes for Editors ...**

## **Notes for Editors:**

**Winchester District Scouts** exist to provide adventurous activities and personal development opportunities for young people aged 6-25. Scouting promotes the physical, intellectual, social and spiritual wellbeing of the individual, helping them achieve their full potential. The Scouting ethos is that young people develop most when they are 'learning by doing', when they are given responsibility, work in teams, take acceptable risks and think for themselves.

Winchester District Scouts, comprises 10 Scout Groups across Winchester City (for 6-13 year olds), 3 Explorer Scout Units (for 14-17 year olds) and one Network for 18-25 year olds). There are currently over 1,100 young people in Winchester Scouts. In addition there are 270 scout leaders and assistants, and over 400 CRB'd adult helpers in Winchester.

Each Scout Group is made up of sections for girls and boys. The Beaver Scout Colony is for 6-8 year olds; the Cub Scout Pack for 8-10½ year olds; and the Scout Troop for 10½-13 year olds. Some Groups also host District Explorer Scout Units for 14-17 year olds. Network is for 18-25 year olds.

Every Scout Group is a charity with trustees in its own right. As such it is governed by Charity Commission Laws and by the Policy and Rules of the Scout Association at Gilwell Park - the UK's largest voluntary youth organisation. Each Scout Group depends on two sets of adult support - an adult uniform side responsible for delivering scouting to young people; and a non-uniform or Executive side that oversees the functioning and the infrastructure of the Group.

Winchester Scouts is one of 27 Scout Districts that comprise Hampshire County Scouts. The President of Winchester District Scouts is The Mayor, Her Worship, Councillor Jane Rutter. Hampshire is the largest Scout county in the UK with over 17,500 young people.

**The Winchester Young Carers Project** provides support for young people aged 8-17 that care for an unwell or disabled family member. We aim to take a holistic approach in supporting the young carers and their family in order to reduce the impact of their caring role. We provide a range of support including support groups, respite activities, 1-1 support and support in schools.